

# Specials

**Physical Education-** Each week our student are excited to attend “gym class” for 30 minutes of large motor development. During this class students participate in a variety of physical activities including stretching, running, and an introduction to sports and games. Units include soccer, basketball, hockey, parachutes, scooters, t-ball, and obstacle courses. Our wonderful gym teacher is constantly finding fun, creative ways to teach gross motor skills.

**Music-** Music is offered for 30 minutes once a week for our 3 and 5 day students and every other week for our 2 day students. The students love singing and dancing in music class! Each class is structured by sing-alongs, rhythm sticks, playing musical instruments, and dancing. Students enjoy being the "leader of the band" and marching around with an instrument of their choice. Our music teacher does a wonderful job of incorporating many preschool skills like rhyming, numbers and letters and much more into her music class!

**Station Time-** Our 3rd special is called “Station Time!” This special is offered once a week for our 3 and 5 day a week students, and every other week for our 2 day a week students. During this half hour block of time the students will be divided into 2 groups and rotate through 2 stations. One station will focus on fine motor development using our Handwriting Without Tears programs. The other station will focus on preschools skills (ex: numbers, letters, shapes, colors, rhyming etc.). All stations will keep with our philosophy of learning through play! The students will have a great time “playing educational games” in a small group where the teachers can really individualize.